

Packing List for WSGC 10th Grade Backpacking Trip



If you do not come to Glen Brook with the required items, you may be unable to participate. Items in bold are crucial. Please contact us directly with any questions about gear specifications.

Required:

- 2-3 tee shirts (synthetic—not cotton)
- **1 set (top and bottom) long underwear/thermals--wool or synthetic**
- 1 synthetic long sleeve shirt
- 1-2 long pants comfortable for hiking (No jeans. Zip-off types are nice in changing weather conditions. Synthetic athletic pants and leggings are good also.)
- **At least three pairs of wool or synthetic hiking socks – very important!**
- 1 pair shorts
- 5 pair undergarments
- **Rain gear - tops and bottom, either Gore-Tex, rubber, vinyl or coated nylon, not breathable nylon.**
- **Sturdy hiking shoes (not keds, converse, or sneakers. Shoes must be broken in. Call if unsure!)**
- Comfortable camp shoes (slip on or flip flop type—Crocs are perfect!)
- **Wool or fleece hat**
- **Gloves (ideally waterproof)**
- Two sweaters. Polar fleece, wool, soft shell (ideally can be worn together) **NO COTTON SWEATSHIRTS**
- Sleeping clothes (appropriate to wear outside—can be your long underwear)
- Towel (synthetic, wring-able towels are ideal, not a full-sized bath towel)
- **Backpack 55+ liters. (Glen Brook has a limited supply to borrow—call for details)**
- Sleeping bag (not cotton) with stuff sack (mummy type is best)
- **2 One liter water bottles** – (Nalgene are ideal. A Camelback-type system is great, but you **MUST** bring a bottle because camel backs often break.)
- Small unlined journal with pen/pencil
- Personal hygiene kit
- Medications (Contact your teacher for information on how these are handled)
- Small flashlight (headlamp is best)
- Sunscreen: SPF 30 or better
- Bug repellent

Recommended: Reading materials for down time | Lightweight binoculars

Things to leave at home: All electronics (including cameras, watches, e-readers, etc) | Money

***Good sources for inexpensive gear are www.campmor.com, www.sierratradingpost.com. With backpacks it is important to have it fitted to your child's size, so please check with manufacturer for fitting instructions.

Updated November 2024