



Summer 2023 Packing List

(not for Falcon Outdoor Leadership Campers)

Over the years, much care has gone into compiling and editing this list. Yes, campers really do need ALL this stuff! Laundry normally goes Thursdays, hence 10 sets of clothing. All clothing except banquet outfit should be able to withstand a commercial washer and dryer. Please label EVERY item with camper's name, even socks and shampoo bottles—if you do not label it, it might be lost! You can order labels at 20% off by visiting Glenbrook.labeldaddy.com

- __ 10 t- shirts (at least 2 synthetic or wool)
- __ 10 underwear
- __ 2 light pajamas
- __ 1 heavy pajamas
- __ 4 jeans/long pants
- __ 2 swimming suits
- __ 12 pair socks (at least 4 crew length or longer and made of wool)
- __ 2 pair sneakers
- __ 1 pair of flip-flops or sandals (*not* platform)
- __ Sturdy shoes/boots for hikes (1 pair of sneakers can double for these if sturdy enough for hiking)
- __ 5 pair shorts

- __ 2 sweaters/sweatshirts/fleece tops
- __ 1 additional pair of shoes that can get wet, such as water-socks, old sneakers or sandals for stream walks/canoeing
- __ 1 jacket or windbreaker
- __ Raincoat with hood*
- __ 1 cool long sleeve shirt (great for mosquitoes)
- __ Folk dance & Sunday circle clothes-- blouse & skirt or dress; OR nice shirt and slacks
- __ Banquet clothes-- party dress OR dress shirt, tie and slacks
- __ Pillow
- __ 2 blankets and 2 sets of sheets/pillowcases
- __ Set of expendable clothes (for messy activities)
- __ Sleeping bag **
- __ 3-4 bath/beach towels
- __ 2 washcloths
- __ Laundry bag
- __ Swimming goggles if desired
- __ Toiletries: soap, shampoo, toothbrush, toothpaste, brush/comb, lip balm, deodorant if camper uses it
- __ Stationery/stamps/pre-addressed envelopes (send plenty of stamps!)
- __ Flashlight and at least one extra set of batteries for it
- __ Sunscreen
- __ Bug repellent

- __ 2 Water bottles (1 qt or liter, non-leaking; these are essential for trips and hikes!!)
- __ Day pack for hikes (a supportive hip belt highly recommended!)
- __ Baseball or sun hat (required!)
- __ Reading material (see back)

OPTIONAL

- __ Musical instruments/ music
- __ Sketch pads/ pencils
- __ Inexpensive film camera (disposable cameras are great; many campers use several during their stay; mark with name!) Please **do not send a digital camera** to Camp!
- __ Journal/ diary
- __ Foam mattress topper for comfort
- __ Hair ties for those with long hair, especially when swimming

We do not allow campers to bring their own pocket knives. They are provided if needed.

*Only downpours keep us inside. Campers must be prepared for rain! Note: light wool or poly fleece is much warmer than wet cotton.

**Sleeping bags are for overnights. A bag that can be unzipped and used as a blanket can serve as a substitute for one blanket.

More information on reverse

More Packing Information!!

Campers flying to camp may borrow bedding and a pillow. Call or email ahead!

Personal Items and Contraband

As one of our goals at camp is to live simply and transcend some of the everyday distractions and intrusions of contemporary life, we ask that some items that may be part of campers' lives at home or school not be brought to camp. This means **no electronics**: cell phones, ipods, kindles, watches, etc. No weapons (including pocket knives), fireworks, distracting games, fads or crazes, magazines or books that we feel are not healthy for children (e.g., glamour or gun magazines; magic or pokemon cards; violent, cynical, or sexual comics or magazines; supermarket tabloids; some gaming magazines; provocative posters, magazines, or calendars, etc.). Our wonderful brass bell governs time at Glen Brook; campers may not have watches, clocks, or alarms.

Do not pack food or candy! We do not allow campers to bring food, nor do we allow you to send it.

We no longer accept packages. Camp Glen Brook is proud of its commitment to maintaining a diverse community of Summer Campers, and we have families from all different socio-economic backgrounds. Our policy is in an effort to maintain a dynamic between the campers centered on inherent commonalities rather than possessions. Please don't hesitate to call or e-mail with questions.

Note: We do not have a camp store. We *will* provide campers with any necessity they lose at no charge, such as a toothbrush or sunscreen. We want them to have what they

need and to be comfortable! But we will not have "extras" on sale so be sure to pack very carefully.

Medications

These should not be packed, but prescriptions should be sent through CampMeds more than 30 days prior to Camp. Read more at glenbrook.org/meds

Inspection Policy

While we are very conscious of and respect personal privacy, for health and safety reasons, we reserve the right for the director, or persons they designate, to inspect all camper's belongings including all packages sent to camp. Campers must unpack all of their belongings at arrival. If you believe an essential was forgotten, contact our office to get permission to send it to a director who can get it to your child.

Clothing Standards

Our clothing guidelines are designed to be gender-equitable, allow for individuality and celebration of a healthy body image, and allow everybody to be comfortable, active, and engaged. Questionable attire will be evaluated as needed, and adjustments may be made on an individualized basis in consideration of facts and circumstances.

No clothing should be decorated with messages expressing hateful or vulgar terms, derogatory references to one's or another's identity (i.e., race, religion, gender, gender identity, sexual orientation, age, disability, etc.) nor should clothing be decorated with messages or symbols advocating violence, alcohol, drugs, or criminal behavior.

Clothing should provide adequate coverage. The camper should be able to move comfortably without exposure of

undergarments or areas covered by swimsuits.. Sheer or see-through clothing, holes, rips, and/or tears should not expose any of these areas. Swimwear is by its very nature revealing, but we ask that extremes be avoided. We ask the parents and campers to self-select clothing that will be camp friendly. It is easier if other items don't get packed in the first place. It is not pleasant for anybody for us to tell a camper their swimsuit cannot be worn here. If you have questions, please contact us.

ALL articles, including the often-forgotten clothing worn on the ride to camp, **must be plainly and securely marked with the camper's name in wash-proof form.** *Remember to mark sneakers, underwear, sleeping bags, towels, jackets, flashlights, packs, disposable cameras, water bottles, each and every sock, etc.* No matter how much we stress the importance of labeling, there are still many items that get lost or left every year because they didn't get labeled. So, get out that Sharpie pen or buy [some labels!](#)

Valuables that must be brought to camp, such as passports, plane tickets, travel money, etc. are to be checked with the director for safekeeping until departure. Campers may not have cash or valuables in their bunks. In light of our active outdoors program, expensive or precious clothing, jewelry, or other valuable items should stay safely at home.

We will try our best to help keep track of the estimated 14,200 personal items in camp at any time, but we cannot be responsible for losses or damages.

HAPPY PACKING!!