

## ***Camp Glen Brook's Expectations, Rules, and Understandings for Counselors in Training***

**F**irst, and absolutely foremost, the possession, sale or use of alcoholic beverages, marijuana, or any other illicit drug is illegal and unacceptable at Glen Brook. It will result in immediate dismissal.

**T**he following behaviors are unacceptable in our setting and are sufficient grounds for dismissal:

- Smoking
- Physical or verbal abuse of campers or anyone else
- Foul, coarse, or abusive language
- Refusal to carry out reasonable requests by your supervisors
- Reckless endangerment of the safety of people, property, or animals
- Inappropriate conversation or activity with or in the presence of campers

**F**or safety and legal reasons, you may not leave camp without a director's permission.

**T**he time set for you to be in your quarters at night will be 10:30 p.m. You need your sleep and you must be awake and alert early in the morning. Keep in mind that everyone has a curfew for safety reasons.

**C**ampers may not have junk food, audio equipment, electronic games, etc. They are not in keeping with the experiences we try to make available at Glen Brook.

Therefore we ask CITs to confine the use of discmans, etc. to your room and your days off, to not eat junk food in front of campers, and to generally respect the fact that these things are not what Glen Brook is about. The rules can be made more specific, but if you follow the ideas behind it that will not be necessary.

**Y**ou must follow all waterfront and other activity area rules including the supervision requirements.

**C**lothing needs to be clean and tasteful and your personal appearance moderate. Clothing with objectionable pictures or words, ads, etc. do not belong at camp, nor do extreme hairstyles, body piercing, distracting tattoos, etc. This year we will also be addressing camp-wide some of the more explicit, revealing styles that are creeping into camp recently. What might be cool to wear to a party or to hang out with your friends may not be appropriate in a camp setting where we are constant role models for young children. This will neither be the first nor last time in your life that discretion is required in your choice of dress and appearance. Obviously this is a realm where there may be differences of opinion, so please realize that the director's opinion is final.

**Y**our quarters including bathrooms are to be kept clean and neat at all times. You need to be respectful of the others who share the same few cubic feet with you.

**Y**ou should be friendly and helpful to the campers, but there are boundaries that you must be conscious not to cross. For example campers may want to tell you some very serious troubles they have. It is fine to be a good listener, but do not try to be a therapist. You are not trained and may cause even more pain. Get some help if you have stumbled into a difficult situation. Also, you may not 'date' or even be flirtatious with campers here at camp. It is for your own, the campers', and the camp's safety.

**Y**ou will have an area that will be your primary lounge and meeting room. CITs will only be invited to use the Staff Room at certain specific times. Men and women may not be in each other's living quarters at any time without a director's permission.

**F**inally, you, and all of us at camp must adjust our personal habits and actions to the customs, policies, and ideals of Glen Brook.